

Sport and Leisure

General Information

Cambridge Level 3 Diplomas are largely coursework based qualifications which take an engaging, practical approach to learning and assessment. Industry-relevant and geared to key sector requirements, these vocationally related qualifications are increasingly popular and suit a range of learning styles.

Cambridge Level 3 Diplomas are most suited if you want to go into a particular vocation, or to move onto university. Cambridge Diplomas at Level 3 earn UCAS points like any A Levels.

The course is offered as a one or two year programme. The one year double programme is called the Introductory Diploma and is equivalent to one A Level, while the two year programme is called the Diploma and is equivalent to 2 A Levels. It is expected that QE students will commit to the 2 year course. You can also complete the Introductory Diploma over 2 years, 3 units in each year. The one year single programme is called the Certificate and an A Level equivalent is gained over 2 years.

Useful / common subject combinations

The Cambridge Diploma can be taken in combination with most other Advanced Level subjects. Complementary subjects include IT, Travel and Tourism, English

Careers / HE information

Degrees in:

- Leisure Management • Business Management
- Marketing Management • Adventure Tourism Management
- Leisure & Tourism Management

Employment

- Leisure Club Manager • Leisure Assistant
- Recruitment Consultant • Marketing • Teaching

Cambridge Technical Diploma Level 3



Entry requirements

- It is strongly recommended that you should have at least a grade 4 in GCSE English.
- You should also meet general College entry requirements for Advanced Level study. Please see the College prospectus for the entry requirements.

In this subject, particular skills and aptitudes will be required, many of which will be demonstrated by students' GCSE profiles.

Entry requirements and subject content might be changed in light of curriculum reform.

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Course content (Double Course)

On the double course you will study 12 units in total over 2 years:

- **Year 1**
10 hours per week - 4 mandatory units and 2 optional units are studied. This leads to a full A Level equivalent in year 1.
- **Year 2**
6 optional units are studied in the second year. This leads to a second A Level equivalent in year 2.

Course content (Single Course)

- **Year 1**
5 hours per week - 4 mandatory units. This leads to an AS Level equivalent in year 1.
- **Year 2**
3 optional units are studied in the second year. This leads to a full A Level equivalent in year 2.

Cambridge Technical Diploma Level 3

Units may include some of the following:

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| Principles of anatomy and physiology | Exercise Prescription |
| Sports Coaching | Training and Fitness |
| Current Issues | Sport and Exercise Psychology |
| Learning and Developing Sport Skills | Injury in Sport Analyse and Improve Performance |
| Health and Safety in Sport | Nutrition for Sport and Exercise |
| Anatomy and Physiology for Sport and Exercise | Optimising Performance in Sport |
| Managing and Operating Outdoor Education | Sport Development |
| Technology in Sport | Sport Facility Management |
| | Sport and Disability |
| | Sport Marketing |
| | Advanced Sports Leadership |

How it is taught and assessed

Some units are internally assessed by the College, and then externally moderated by a Visiting Moderator. Some units are assessed by exams. All Cambridge Diplomas help you develop your personal skills in areas applicable to any workplace, such as team working, communication and problem solving. The courses have been designed to accredit your achievements and ability to carry out tasks in a way that is relevant to the workplace. Features include:

- Practical skills taught in real-life situations.
- Skills which are practical and applicable, and favoured by employers.

QE