

# Sport and Leisure Cambridge Technical Certificate / Diploma Level 3

## General Information

(Exam board – OCR)

Extended Certificate - Sport 2016 qualification number (QN) 601/7094/3

Diploma - Sport 2012 qualification number (QN) 600/6141/8

Cambridge Level 3 Diplomas / Certificates are largely coursework based qualifications which take an engaging, practical approach to learning and assessment. Industry-relevant and geared to key sector requirements, these vocationally related qualifications are increasingly popular and suit a range of learning styles.

Cambridge Level 3 Diplomas / Certificates are most suited if you want to go into a particular vocation, or to move onto university. Cambridge Diplomas / Certificates at Level 3 earn UCAS points like any A Levels.

The course is offered as a single or double programme. The single programme (Certificate) is equivalent to one A Level, while the double programme (Diploma) is equivalent to 2 A Levels. It is expected that QE students will commit to the 2 year course.

## Useful / common subject combinations

The Cambridge Diploma can be taken in combination with most other Advanced Level subjects. Complementary subjects include IT, Travel and Tourism, English, Geography, Psychology, PE.

## Careers / HE information

Degrees in:

- Leisure Management • Business Management
- Marketing Management • Adventure Tourism Management
- Leisure & Tourism Management

## Employment

- Leisure Club Manager • Leisure Assistant
- Recruitment Consultant • Marketing
- Teaching • Business Management



## Entry requirements

- It is strongly recommended that you should have at least a grade 4 in GCSE English.
- You should also meet general College entry requirements for Advanced Level study. Please see the College prospectus for the entry requirements.

In this subject, particular skills and aptitudes will be required, many of which will be demonstrated by students' GCSE profiles.

Entry requirements and subject content might be changed in light of curriculum reform.

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## Course content (Double Course) 100% Coursework

On the double course you will study 12 units in total over 2 years:

- **Year 1**  
10 hours per week - 4 mandatory units and 2 optional units are studied. This leads to a full A Level equivalent in year 1 (Subsidiary Diploma).
- **Year 2**  
6 optional units are studied in the second year. This leads to a second A Level equivalent in year 2 (Diploma).

## Course content (Single Course) 66% Coursework

- **Year 1**  
5 hours per week - 4 mandatory units. This leads to an AS Level equivalent in year 1 (Certificate).
- **Year 2**  
3 optional units are studied in the second year. This leads to a full A Level equivalent in year 2 (Extended Certificate).

## Topics of study may include some of the following:

- Sports Coaching
- Current Issues
- Learning and Developing Sport Skills
- Health and Safety in Sport
- Anatomy and Physiology for Sport and Exercise
- Technology in Sport
- Exercise Prescription
- Training and Fitness
- Sport and Exercise Psychology
- Nutrition for Sport and Exercise
- Sport Development
- Advanced Sports Leadership

## How it is taught and assessed

- **Single (Extended Certificate):** Some units are internally assessed by the College and some units are assessed by exams.
- **Double (Diploma):** All units are internally assessed. There are no exams.

All Cambridge Diplomas help you develop your personal skills in areas applicable to any workplace, such as team working, communication and problem solving. The courses have been designed to accredit your achievements and ability to carry out tasks in a way that is relevant to the workplace.

Features include:

- Practical skills taught in real-life situations.
- Skills which are practical and applicable, and favoured by employers.
- Work experience.

# QE